

**Exhibition**  
2010 Shanghai Lotus Art Festival



The festival in Guyi Garden displays more than 500 species of stunning lotus and water lilies. It features a 4,000-square-meter lotus pond and more than 2,000 planted pots.  
Date: through to October 31  
Venue: Shanghai Guyi Garden, 218 Huyi Highway  
Tel: 5912-2035  
上海古猗園 (嘉定區滬宜公路218號)

**A Retrospective of Zhang Yuan's Works**

Celebrated artist Zhang Yuan, who has been painting for more than half a century, will exhibit 50 works combining the disciplines of Western oils and traditional Chinese watercolors.  
Date: July 22 to August 22  
Venue: Lu Yanshao Arts Gallery, 358 Dongdajie Street.  
Tel: 5952-9530  
陸伊少藝術院 (嘉定區嘉定鎮東大街358號)

**Venues of free admission**

- Jiading Stadium**  
Sports venues, including basketball courts and gateball courts  
Address: 315 Meiyuan Rd  
Tel: 5952-0222  
嘉定區嘉定鎮梅園路315號
- Nanxiang Town Citizen Physical Monitoring Station**  
Address: 737 Guyiyuan Rd  
Tel: 5912-1647  
嘉定區南翔鎮古猗園路737號
- Zhenxin Sub-District Citizen Physical Monitoring Station**  
Address: 48 Fengzhuang Rd  
Tel: 5918-1468  
嘉定區真新街道丰庄一村48號 (丰庄路)
- Xuhang Community Public Sports Ground and Basketball Court**  
Address: 321 Chengliu Rd  
Tel: 5955-8743  
嘉定區嘉定區澄瀏路321號
- The Basketball Court of Putong Primary School**  
Address: 278 Tacheng Rd  
Tel: 5953-4683 ext. 8020  
嘉定區嘉定鎮塔城路278號

**Arts Training**

- Bamboo Flute**  
Date: Every Thursday and Sunday, 8am-9:30am  
Venue: Jiading District Cultural Center, 210 Meiyuan Rd, Jiading Town  
Admission: 640 yuan for 16 classes  
Tel: 3991-0261  
嘉定鎮梅園路210號區文化館
- Erhu (elementary level)**  
Date: Every Saturday, 8am-11am  
Venue: Jiading District Cultural Center, 210 Meiyuan Rd, Jiading Town  
Admission: 640-1,120 yuan for 16 classes  
Tel: 3991-0261

嘉定鎮梅園路210號區文化館  
**Calligraphy (elementary level)**  
Date: Every Wednesday, 7pm-8:30pm; Sundays, 1pm-2:30pm  
Venue: Jiading District Cultural Center, 210 Meiyuan Rd, Jiading Town  
Admission: 300 yuan for 16 classes  
Tel: 3991-0261  
嘉定鎮梅園路210號區文化館

**Outdoor Film**

- "Dragon Tiger Gate"**  
Date: June 30, 7pm  
Venue: Xincheng Park, Hezheng Rd 新成公園 (嘉定區新成路街道和政路)
- "City of Life and Death"**  
Date: August 6, 7pm  
Venue: Nanyuan Park, Fuhai Rd, Jiading Industrial Zone 南苑公園 (嘉定區嘉定工業區福海路)
- "Bullet And Brain"**  
Date: August 13, 7pm  
Venue: Jiading District Children's Park, 226 Meiyuan Rd 嘉定區兒童公園 (嘉定區嘉定鎮梅園路226號)

**"Pleasant Goat and Big Big Wolf II: The Super Snail Adventure"**  
Date: August 20, 7pm  
Venue: Juyuan Culture Plaza, 1255 Qipan Rd, Juyuan New Area 菊園文化廣場 (嘉定區菊園新區棋盤路1255號)

**Film**  
"Aftershock"



Screening time: July 22  
The film based on a novel by Zhang Ling recounts the story of a twin sister and brother whose fates are changed by the Tangshan earthquake.

**"High School Musical"**  
Screening time: August 12  
The Chinese film version adapted from Disney Channel's hit movie is a heartwarming, inspiring story about a group of teenagers who want to turn their music dream into reality.  
**"Shrek Forever After"**  
Screening time: August 16  
This final chapter of the Shrek film series brings the long-running saga to a lively close. In this episode, Shrek makes a deal with a dwarf, unexpectedly throwing his life and his wife into chaos.  
Venues: Jiading Cinema, 149 Chengzhong Rd; Dadi Digital Cinema, 4/F, Robinsons Shopping Mall, 138 Chengzhong Rd, Jiading Town, Jiading District  
嘉定影劇院: 嘉定區嘉定鎮城中路149號  
大地數字影院: 嘉定區嘉定鎮城中路138號羅賓森廣場四樓

# Need To Know

## Clarifying taxes for foreign workers

Foreigners working in China are subject to taxation, and understanding who is affected and what taxes apply can be a vexing problem. The chart below summarizes the key provisions of a circular on non-resident worker taxes issued by China's State Administration of Taxation.

The Ministry of Finance, in answer to questions about non-resident taxes, has provided the following information:

- Staff sent to China for specific construction projects are exempt from individual income tax, regardless of whether their wages and, living allowance are paid for by China or by the donor country.
- Cultural and educational foreign experts, during their service period in China, are subject to taxation on wages and salaries. They are not required to pay tax on any housing, automobiles or medical care provided by Chinese employers.
- All workers not covered in provision No. 1 above

are required to pay income tax. However, individuals who work in China continuously for a period of no more than 90 days are subject to tax only on income derived from Chinese employers. They are exempt from tax on salaries and wages paid by foreign employers

- International students in China whose living allowances and scholarships don't fall into the category of wages and salaries are exempt from paying tax.
- Foreigners working in China are exempt from paying taxes on certain benefits provided by foreign employers, including postage costs and office expenses, advertising costs, business entertainment, living allowances and travel costs.

The Social Assistance Service Center of Jiading offers consultation in matters related to district-level implementation of government tax policies.

### Key provisions of circular on non-resident worker taxes

	Work continuously or for an accumulated period of no more than 90 days or live continuously or for an accumulated period of no more than 183 days within the territory of China		Work continuously or for an accumulated period exceeding 90 days or live continuously or for an accumulated period exceeding 183 days but less than one year within the territory of China		Live in China for a full year but not exceeding five years	Live in China exceeding five years
	Ordinary staff	Senior managers	Ordinary staff	Senior managers	All staff	All staff
The wage and salary incomes gained during the period of their actual work within China are paid by the employers inside China	Declare tax payment	Declare tax payment	Declare tax payment	Declare tax payment	Declare tax payment	Declare tax payment
The wage and salary incomes gained during the period of their actual work within China are paid by the employers outside China	Exempt from tax declaration	Exempt from tax declaration	Declare tax payment	Declare tax payment	Declare tax payment	Declare tax payment
The wage and salary incomes gained during the period of their actual work outside China are paid by the employers inside China	Exempt from tax declaration	Declare tax payment	Exempt from tax declaration	Declare tax payment	Declare tax payment	Declare tax payment
The wage and salary incomes gained during the period of their actual work outside China are paid by the employers outside China	Exempt from tax declaration	Exempt from tax declaration	Exempt from tax declaration	Exempt from tax declaration	Exempt from tax declaration	Declare tax payment

**Q:** It's so hot here in summer. I hear that traditional Chinese medicine is able to prevent or alleviate the symptoms of heat stress. Are there any simple procedures I can use? — Meissi

**A:** Skin-scraping therapy, body massage and Chinese medicinal treatment are the three most common remedies for heat stress.

**Skin scraping:** Use an alcohol-based antiseptic lotion. Take a one-yuan coin or the edge of a smooth spoon — a professional skin scraper is the best tool. Apply a few drops of oil to the back of the neck and spine and then get a friend or relative to scrape the skin from the base of the skull, down the neck and across the tops of the shoulders. You can try to do it yourself if you are very agile. Make sure hands are well cleaned for the procedure. Repeat this process five or six times for every treatment, scraping until the skin turns red or in some cases purple.

**Body massage:** Use your thumb to massage the *zusanli*, *dazhui*, *quchi*, *hegu* and *neiguan* pressure points along the meridian course. Nip and press those points from lightly to severely, then slowly massage and press the points for 3-5 minutes until

they tingle and ache.

As points of reference, the *zusanli* acupoint is about three inches below the knee and one inch to the outer side of the leg shankbone. The *dazhui* point is below the spinous process of the seventh cervical vertebra, with the similar height of your shoulders. The *quchi* point is located at the lateral end of the elbow crease, midway between the biceps brachii tendon and the lateral epicondyle of the humerus. The *hegu* point is located between the thumb and forefinger on the dorsum of the hand. The *neiguan* point is located on the inner arm, just two inches above the wrist.

**Chinese medicinal treatment:** Gently scrub your wrists, foot centers, flanks and chest with a handful of salt until some red pots appear on the skin. This treatment is especially appropriate for heat exhaustion.

This information was provided by the Jiading District TCM Hospital.

**Q:** I'm a resident of Elysee Garden on Xincheng Rd. Are there any football grounds in my neighborhood? — Frances

**A:** At present, football fields are available at the Jiading District Stadium, at street or community

sports centers and at local primary or middle schools. The Jiading District Stadium at 118 Xincheng Rd has both standard and smaller-sized football grounds. It charges 400-800 yuan to play at the standard-sized field and 80-200 yuan at the smaller grounds. The Children's Park at 226 Meiyuan Rd, has a small football ground at its public community sports plaza. It charges 100 yuan per game. There are also football fields at the Yinyuan Middle School at 600 Shugou Rd, which are open to the public in summer and on weekends.

This information was provided by the Jiading District Sports Bureau



Do you have questions about something you have read in Jiading News or seen in the city? Send us a letter and we will find an answer. Letters can be sent by e-mail to features@shanghaidaily.com All letters must include the writer's full name and contact information.